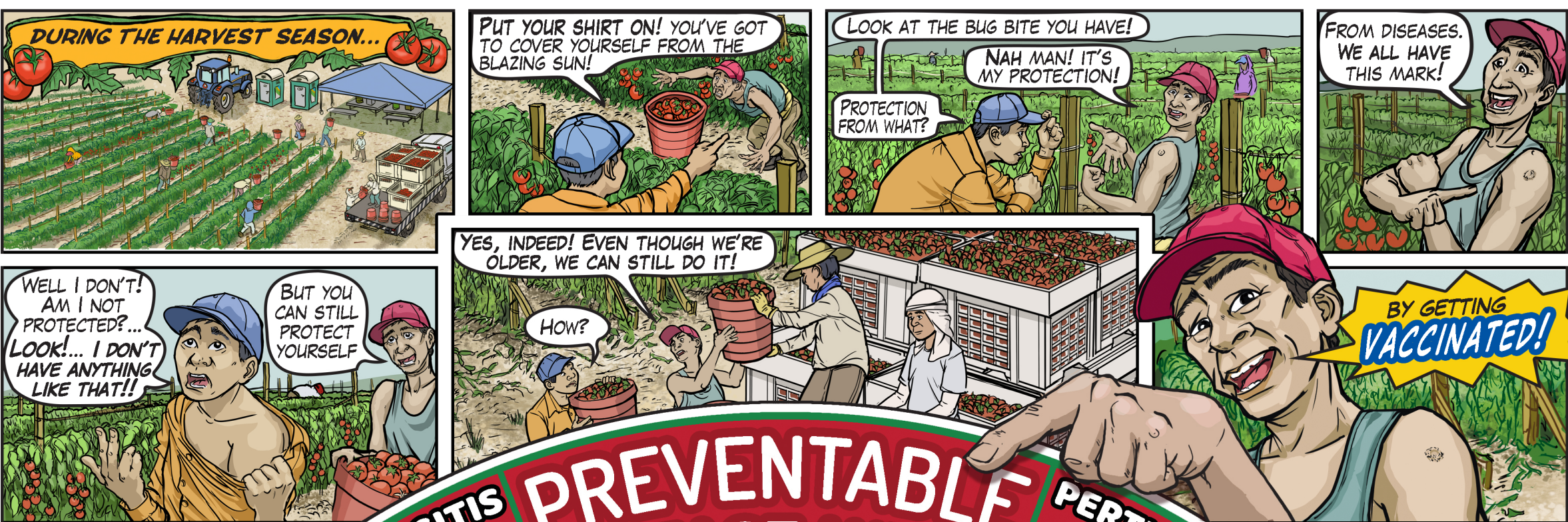


# ADULTS GET VACCINATED TOO!

LOS GRANDES TAMBIÉN SE VACUNAN GRANMOUN YO VAKSINEN TOU!



## PREVENTABLE DISEASE AND ITS SYMPTOMS

### WHEN?

### WHERE?

### VACCINE

Disease	Symptoms	When to Get Vaccinated	Where to Get Vaccinated	Vaccine Name
<b>HEPATITIS B</b>	Nausea and loss of appetite. Yellow eyes and skin. Orange or brown urine. Fever and weakness.	3 doses wait 1-2 months wait 4-6 months	ARM	HEP B
<b>INFLUENZA (FLU)</b>	Cold, fever, headache, cough, sore throat, muscle or body aches, fatigue. Sometimes there is diarrhea and vomiting.	1 dose once a year in the fall or winter.	ARM	INFLUENZA
<b>COVID-19</b>	Difficulty breathing, coughing, fever. Recent loss of smell and taste. Diarrhea, vomiting, headache, sore throat. Stuffy or runny nose and body aches. Sometimes there are no symptoms.	1 dose of the updated vaccine for people over 5 years old, vaccinated or not. Additional spring dose for adults 65+.	ARM	COVID-19
<b>COVID-19 (Coronavirus)</b>	Rash that starts on the face, then spreads to the chest, then the arms and legs. When it dries, it leaves very itchy scabs.	2 doses with a space of 4 to 8 weeks in those under 49 years old who are not vaccinated.	ARM	VAR
<b>VARICELLA (Chicken pox)</b>	Runny nose/ cold/ cold-like symptoms or fever, cough and diarrhea. Painful red dots in the mouth. Red rash all over the body.	1 dose	ARM	VAR
<b>MEASLES</b>	Neck pain and swelling. White spots in the mouth and then red spots all over the body that last about 5 days.	1 or 2 doses for people ages 11 to 49 who were not vaccinated as children.	ARM	MMR
<b>RUBELLA</b>	Fever, pain when opening your mouth or eating. Swelling under the ears, first on one side and then on the other.	1 or 2 doses for people ages 11 to 49 who were not vaccinated as children.	ARM	MMR
<b>MUMPS</b>	Runny nose, fever, headache and very sore throat. Gray spots on the throat, bad breath and neck swelling.	1 or 2 doses for people ages 11 to 49 who were not vaccinated as children.	ARM	MMR
<b>DIPHTHERIA</b>	Difficult swallowing, jaw, neck and other parts of the body become stiff. Can't walk well. Pain and cramping of the jaw or other parts of the body.	3 doses if you have never been vaccinated. And for those already vaccinated, a booster every 10 years.	ARM	Tdap
<b>TETANUS</b>	Frequent dry cough, cold-like symptoms/ cold, runny nose, fever and vomiting.	3 doses if you have never been vaccinated. And for those already vaccinated, a booster every 10 years.	ARM	Tdap
<b>PERTUSSIS</b>	Fever, severe headache, stiff neck, eye pain and sensitivity to bright lights, sleep, confusion, nausea, severe vomiting.	1 dose for young people who share a room.	ARM	Tdap
<b>MENINGITIS</b>	Fever, severe headache, stiff neck, eye pain and sensitivity to bright lights, sleep, confusion, nausea, severe vomiting.	1 dose for young people who share a room.	ARM	MENINGOCOCCAL

