

ADULTS GET VACCINATED TOO!

LOS GRANDES TAMBIÉN SE VACUNAN

GRANMOUN YO VAKSINEN TOU!



PREVENTABLE DISEASE AND ITS SYMPTOMS

WHEN?

WHERE?

VACCINE

Disease	Symptoms	When	Where	Vaccine
MENINGITIS	Fever, severe headache, stiff neck, eye pain and sensitivity to bright lights, sleep, confusion, nausea, severe vomiting.	1 dose for young people who share a room.	ARM	MENINGOCOCCAL
PERTUSSIS	Frequent dry cough, cold-like symptoms/cold, runny nose, fever and vomiting.	3 doses if you have never been vaccinated. And for those already vaccinated, a booster every 10 years.	ARM	Tdap
TETANUS	Difficult swallowing, jaw, neck and other parts of the body become stiff. Can't walk well. Pain and cramping of the jaw or other parts of the body.	1 dose	ARM	Tdap
DIPHTHERIA	Runny nose, fever, headache and very sore throat. Gray spots on the throat, bad breath and neck swelling.	1 dose	ARM	Tdap
RUBELLA	Neck pain and swelling. White spots in the mouth and then red spots all over the body that last about 5 days.	1 or 2 doses for people ages 11 to 49 who were not vaccinated as children.	ARM	MMR
MUMPS	Fever, pain when opening your mouth or eating. Swelling under the ears, first on one side and then on the other.	2 doses with a space of 4 to 8 weeks in those under 49 years old who are not vaccinated.	ARM	MMR
MEASLES	Runny nose/cold/cold-like symptoms or fever, cough and diarrhea. Painful red dots in the mouth. Red rash all over the body.	2 doses with a space of 4 to 8 weeks in those under 49 years old who are not vaccinated.	ARM	MMR
VARICELLA (Chicken pox)	Rash that starts on the face, then spreads to the chest, then the arms and legs. When it dries, it leaves very itchy scabs.	1 dose of the updated vaccine for people over 5 years old, vaccinated or not. Additional spring dose for adults 65+.	ARM	VAR
COVID-19 (Coronavirus)	Difficulty breathing, coughing, fever. Recent loss of smell and taste. Diarrhea, vomiting, headache, sore throat. Stuffy or runny nose and body aches. Sometimes there are no symptoms.	1 dose	ARM	COVID-19
HEPATITIS B	Nausea and loss of appetite. Yellow eyes and skin. Orange or brown urine. Fever and weakness.	3 doses wait 1-2 months wait 4-6 months	ARM	HB/HepB
INFLUENZA (FLU)	Cold, fever, headache, cough, sore throat, muscle or body aches, fatigue. Sometimes there is diarrhea and vomiting.	1 dose once a year in the fall or winter.	ARM	INFLUENZA



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