

MONKEYPOX: PREVENTION & RECOMMENDATIONS



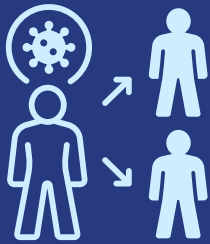
AVOID SKIN-TO-SKIN CONTACT

with people who have monkeypox or monkeypox symptoms.



WASH YOUR HANDS WITH SOAP AND WATER OR HAND SANITIZER

**especially before eating or touching your face
and after you use the bathroom.**



A person with monkeypox can spread it to others from the time symptoms start until the rash has fully healed.

The illness typically lasts 2-4 weeks. Most people recover fully.



RECOMMENDATIONS

- **CDC recommends vaccination for people who have been exposed and people at higher risk of monkeypox infection.**
- **Antiviral medications can lessen the symptoms of monkeypox.**

CALL YOUR DOCTOR OR YOUR LOCAL HEALTH DEPARTMENT

If you have symptoms of monkeypox, you should talk to a healthcare provider, even if you don't think you had contact with someone who has monkeypox.