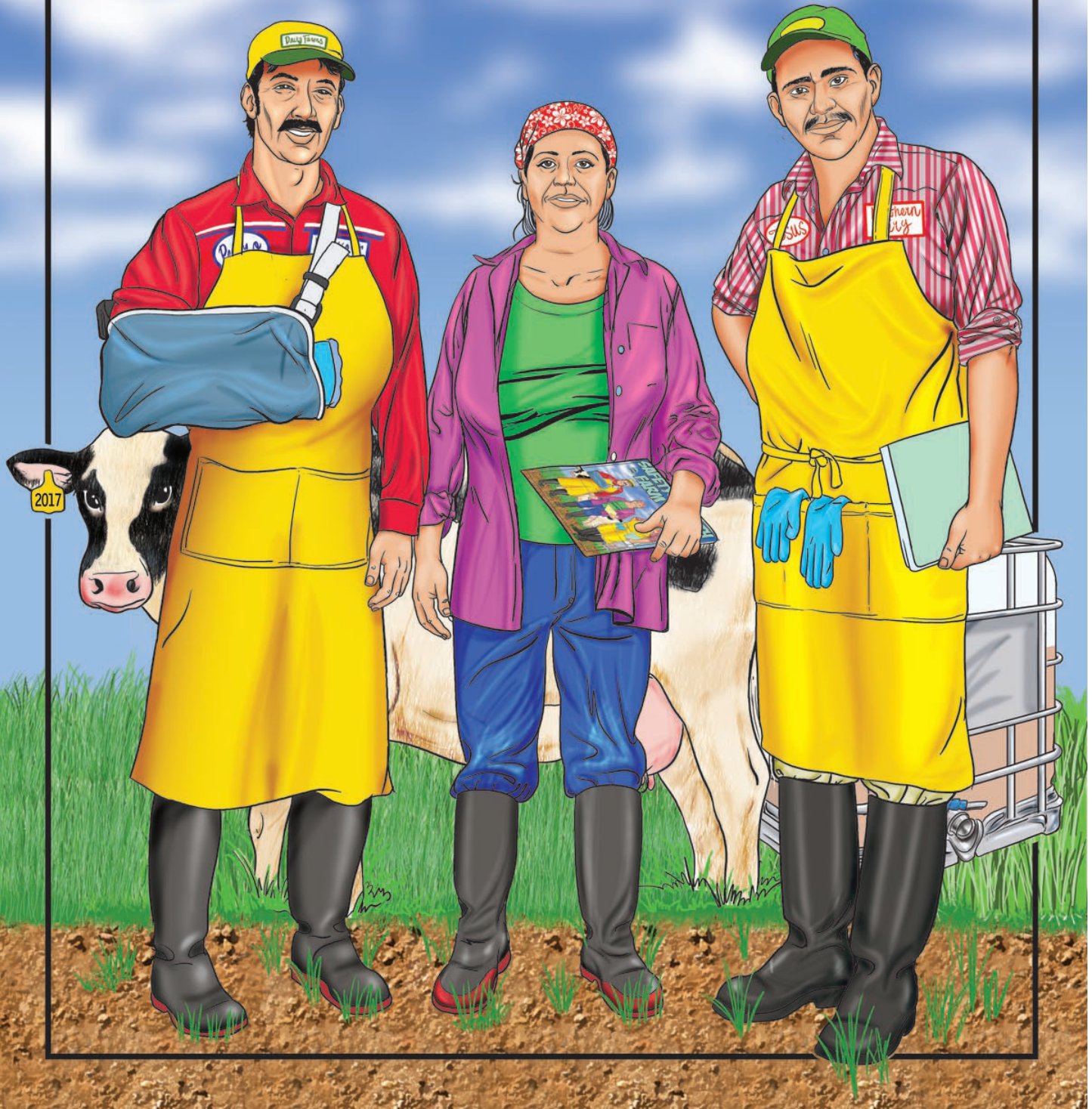
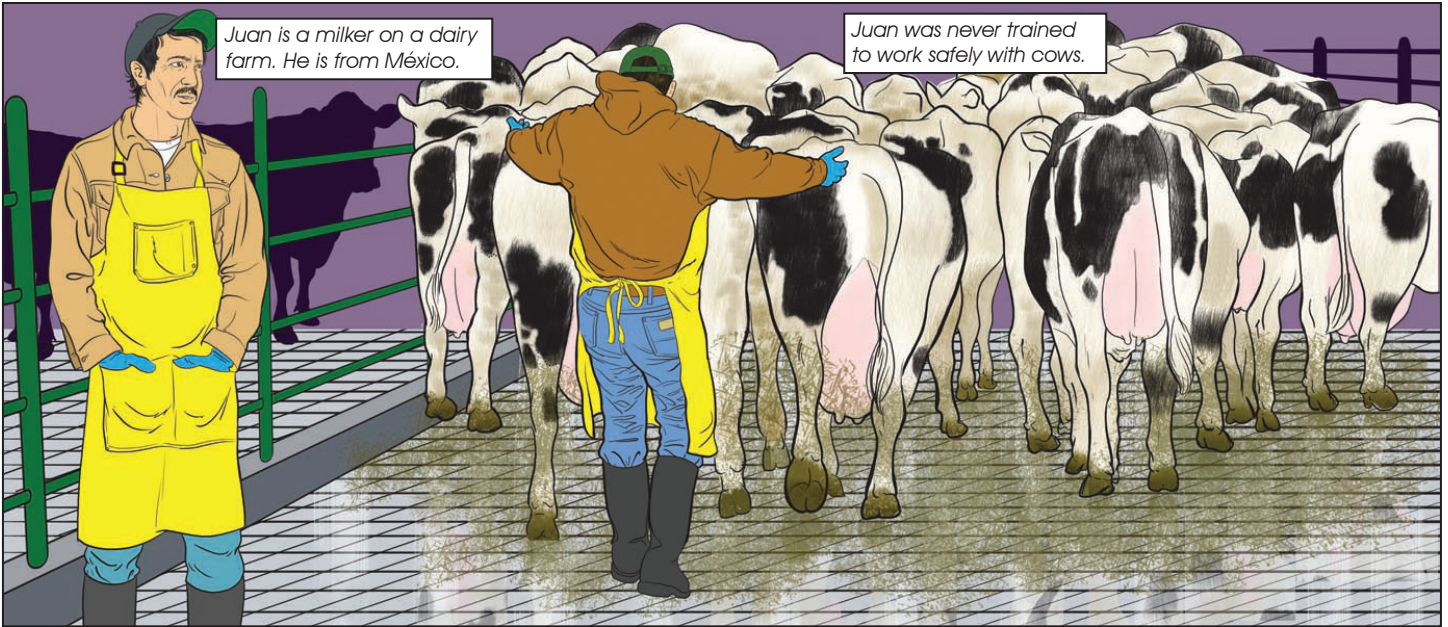


# SAFETY AND HEALTH ON THE FARM

IT'S YOUR RIGHT  
AND IT'S THE LAW





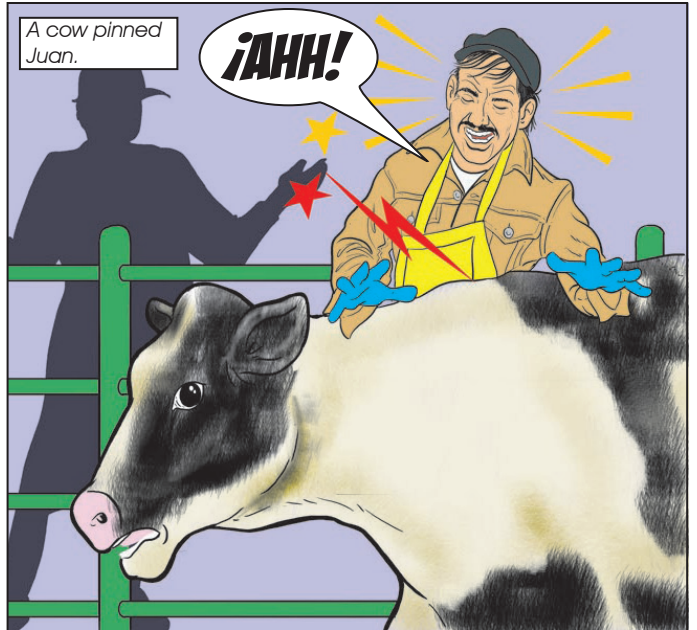


Juan is a milker on a dairy farm. He is from México.

Juan was never trained to work safely with cows.

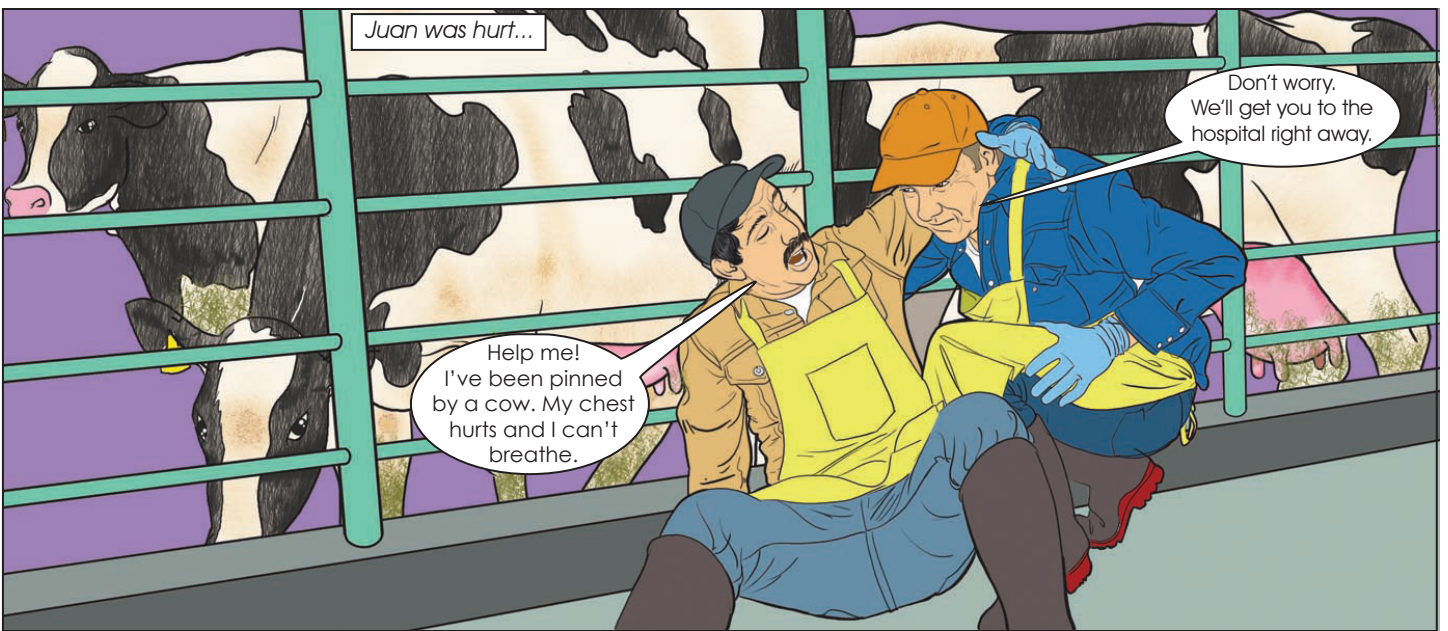


Today, the crowd gate got stuck. Juan jumped into the holding area to open the gate...



A cow pinned Juan.

¡AHH!



Juan was hurt...

Help me! I've been pinned by a cow. My chest hurts and I can't breathe.

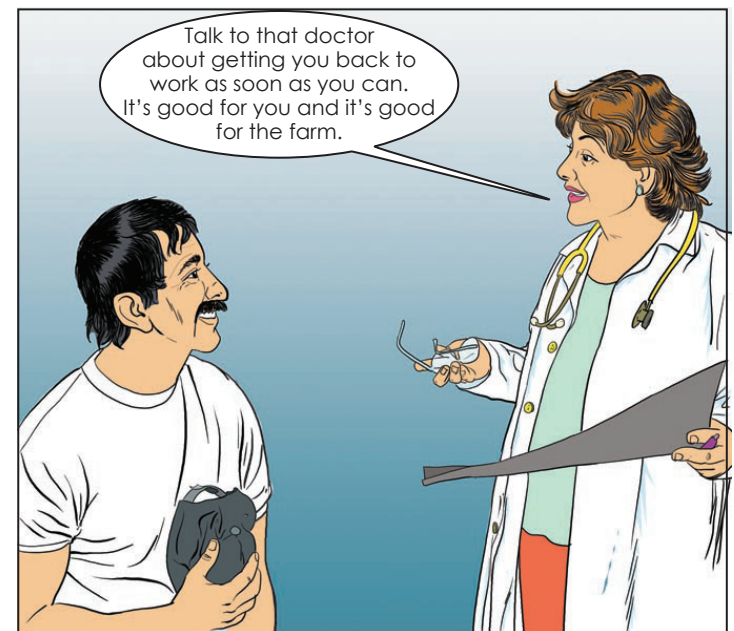
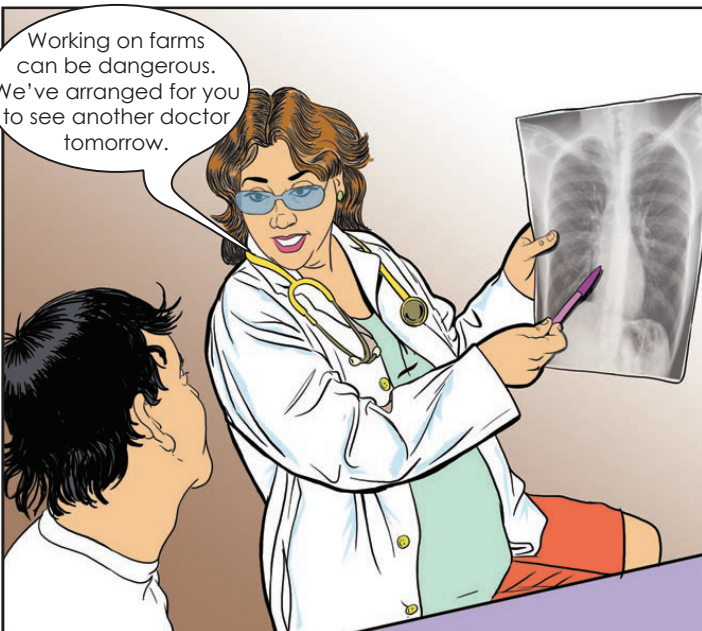
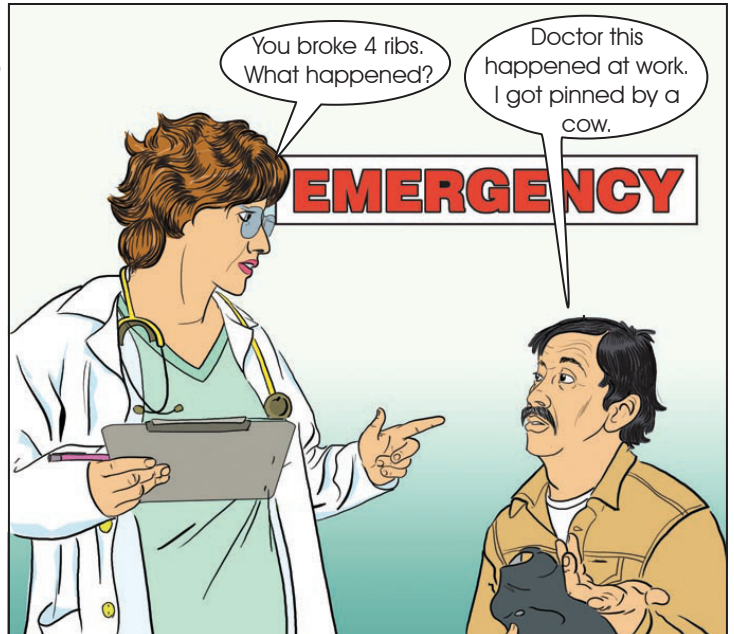
Don't worry. We'll get you to the hospital right away.



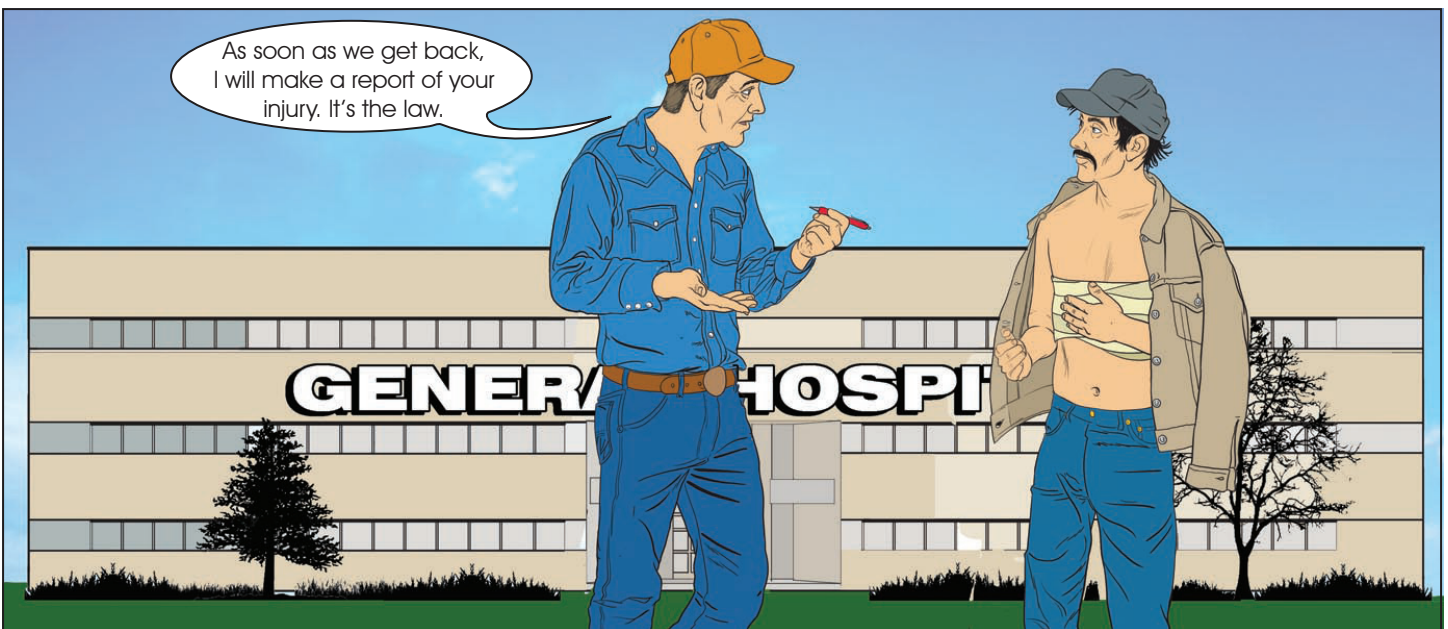
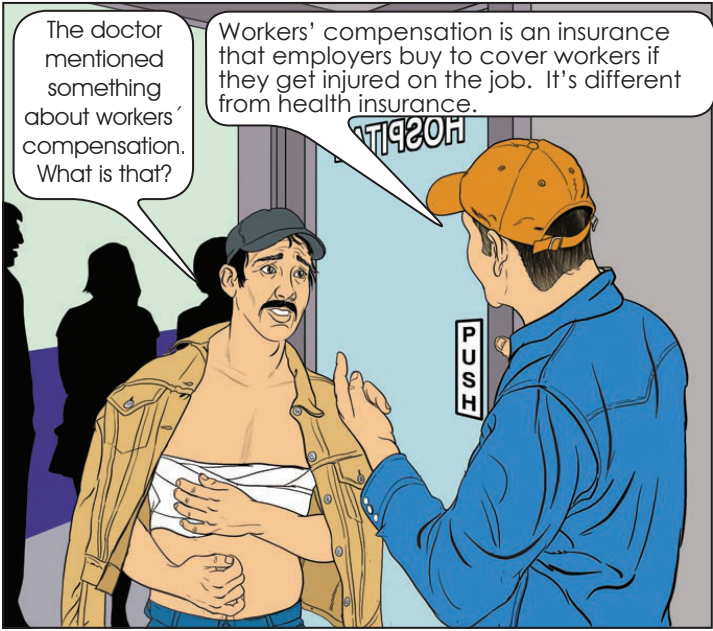
Even though Juan is in great pain, he is worried about how he is going to pay for his medical bills. He is scared that he will lose his job.

What am I going to do? I don't have the money to pay for the doctor. And if I don't work, I can't send money home to Mexico.

Don't worry. Our farm has workers' compensation insurance for all employees who get hurt on the job.



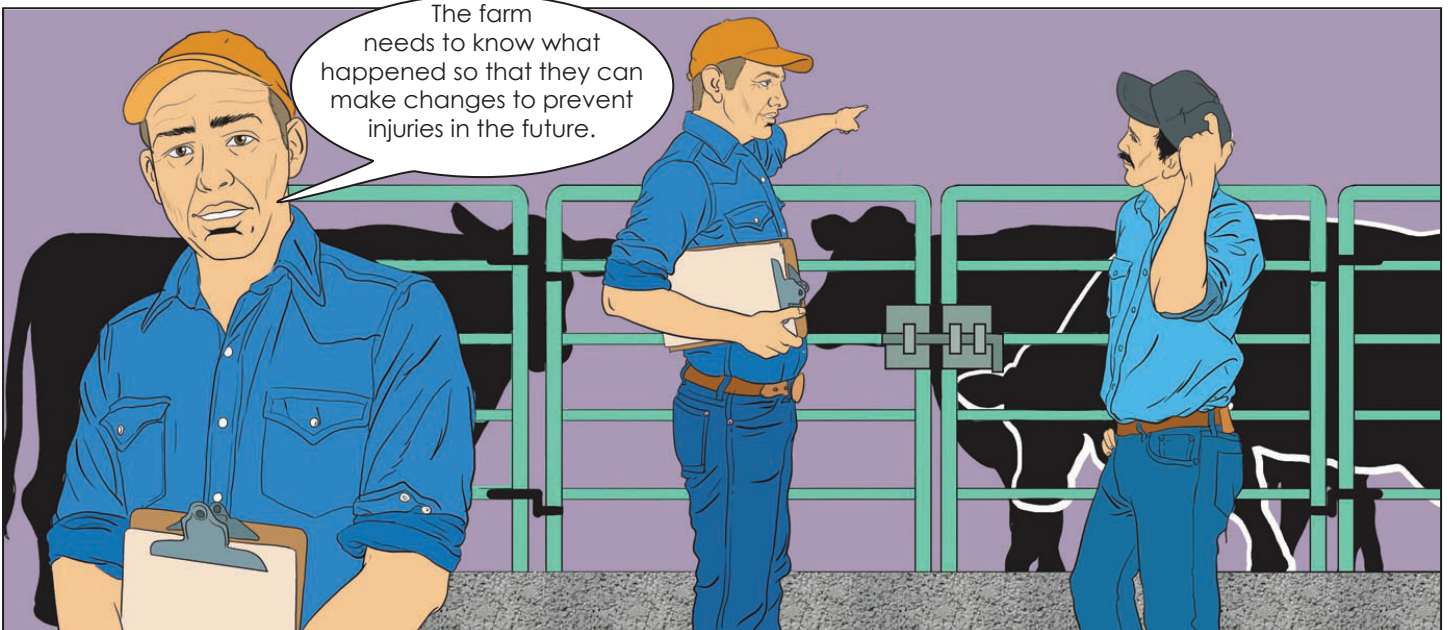








Whenever a worker gets hurt or becomes sick because of work, the worker should report it to their supervisor.



The farm needs to know what happened so that they can make changes to prevent injuries in the future.



OSHA is the government agency that ensures people have a safe and healthy place to work. In English it is called the "Occupational Safety and Health Administration or OSHA".



Farmers and workers need to follow OSHA rules when it comes to worker safety and health.





Workers have certain rights like the right to know about the hazards in their workplace and how to keep safe.

How to stay safe when working with animals is the topic of today's training.



Communication is very important on the farm, among workers and between workers and the farmer.

I want to tell you what I learned from getting pinned by that cow. We need to be aware of cow behavior and look for signs of stress or aggression.

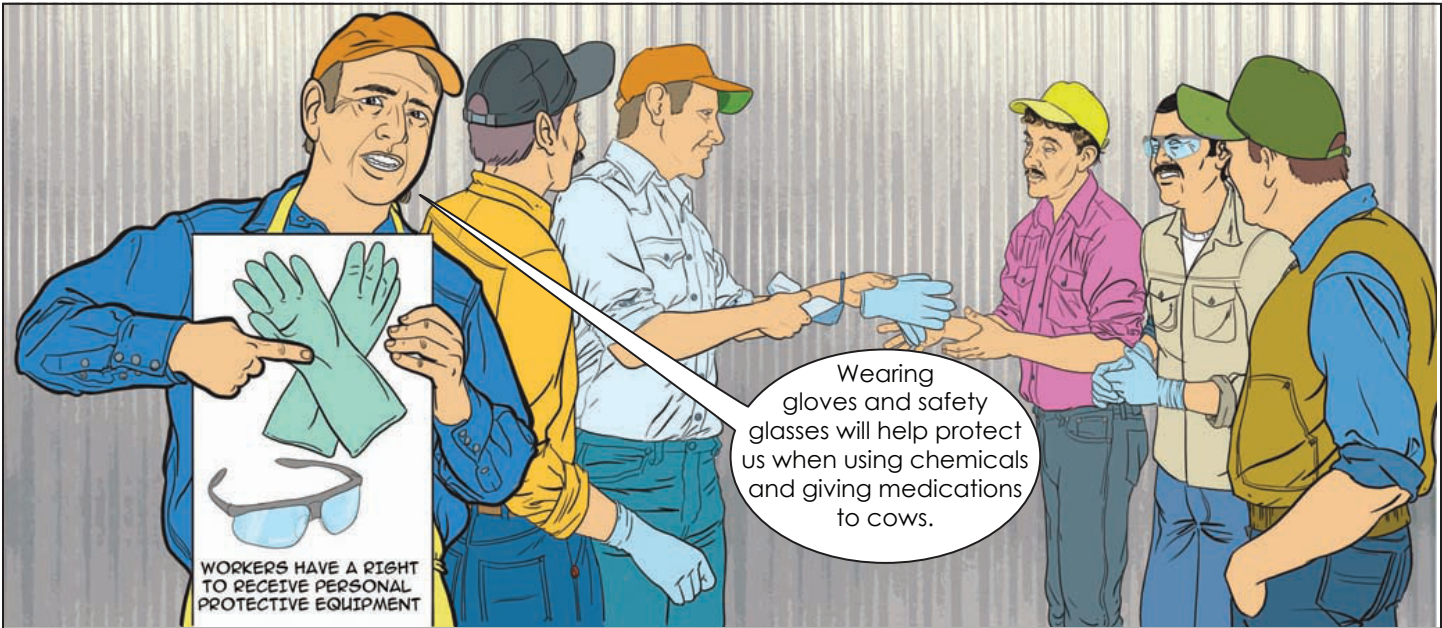


Escape routes will help workers exit safely in case cows are stressed or aggressive.

It's very important for workers to know where the escape routes are when working with cattle.



Another right that workers have is to receive information about the chemicals used at work.



Two weeks later...





# Workers' Rights

All workers have these rights:

- ❑ Right to a safe and healthy workplace.
- ❑ Right to know about chemical hazards and how to avoid injury.
- ❑ Right to health and safety training about hazards at your workplace.
- ❑ Right to information about workplace hazards.
- ❑ Right to demand a safe workplace without fear of discrimination or punishment.
- ❑ Right to file an OSHA complaint and to request an OSHA inspection of your workplace.



- For more booklets, call (612) 625-4578 or visit <http://www.migrantclinician.org/dairyworkercomic>
- For more information about workers' compensation in your state visit [www.migrantclinician.org/workerscomp](http://www.migrantclinician.org/workerscomp)
- Story: Amy Liebman, Patricia Juárez-Carrillo, Salvador Sáenz and Francisco Guerrero
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